



## Central New York Dressage & Combined Training Association Gymnastics Clinic with Barb Lindberg

Sunday, April 18, 2021

Fiddlehead Farm, 2252 Ridge Road, Fabius, NY 13067

**Opening Date:** Four weeks before the clinic (March 21)

**Closing Date:** Ten days before the clinic (April 8)

1 hour semi-private/small group lessons: \$50 members/\$55 non-members

Members audit for FREE/\$5 non-member audit fee

**Manager/Secretary:** Amy Bittner, 315-569-4599, [ambittne@twcnny.rr.com](mailto:ambittne@twcnny.rr.com)  
4167 Abbey Road, Syracuse, NY 13215

Entries are LIMITED! Plan now! And check for updates on [www.cnydcta.org](http://www.cnydcta.org)

**All participants MUST read the COVID-19 protocol as outlined below.**

**ENTRIES:** Please use the CNYD&CTA Clinic Entry Form available at [cnydcta.org](http://cnydcta.org). Please include a check, payable to CNYD&CTA and a copy of your horse's negative Coggins and proof of rabies vaccination.

Ride times will be emailed to riders and posted on [www.cnydcta.org](http://www.cnydcta.org).

**ATTIRE:** Clinic attire is requested (boots, breeches or jodhpurs, gloves, polo shirt). ASTM/ SEI approved helmet is required.

**Who is she?** Barb Lindberg has been the Program Director of Equine Business Management at Cazenovia College since 2003. Prior to Cazenovia College, she held positions at Johnson and Wales University, University of Findlay, and SUNY College of Agriculture and Technology at Morrisville. Her background prior to academia has included training, teaching, and management positions at Hunter, Dressage, and Eventing facilities.

**What has she done?** For many years she has been involved with Intercollegiate Horse Show Association, Intercollegiate Dressage Association, NYS 4-H, member of U.S. Eventing Association, U.S. Dressage Federation, American Quarter Horse Association, National Reining Horse Association, CNYD&CTA, American Association of University Professors, and Limestone Creek Hunt.

**What are her credentials?** She has numerous Dressage championships through Prix St. George, is a US Dressage Federation Bronze medalist, a USDF "L" Dressage judge, and continues to train students who compete, and win, in Hunter/Jumper, Dressage, Eventing, and Intercollegiate competitions. This is an annual clinic and riders come back year after year.

*\*\*\* No height is too low or too high. Tailor your session for your group's level.\*\*\**



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***This clinic is for you if you are interested in:*** Starting the season off right, Timing, Finding your distance, Power, Building confidence, Balance, Systematic training, Fitness, Accuracy, Gaining control, Putting some jump in your step, Rhythm, Footwork, Strengthening your position, Straightness, Striding, Engaging the hindquarters, Flexibility, Jumping technique, Cavalletti, and even Basic jumping!

### **COVID-19 PROTOCOL: (Updated 1/20/21)**

- All paperwork and completed entries must be received by the closing date prior to the clinic. No exceptions.
- Please check with management as the clinic approaches to see if auditors will be allowed as per state COVID restrictions.
- Management requires a face mask or face covering for all staff, officials, volunteers, riders, grooms, and trainers throughout the show/clinic grounds.
- Face masks are optional when mounted.
- Competitors/participants should bring their own sanitizing materials, i.e., hand sanitizers, gloves, disinfecting wipes, etc.
- We encourage competitors/riders and their people to not to remain on the grounds beyond time necessary to complete their clinic ride.
- All participants including staff, competitors, grooms, trainers, volunteers, and officials, will sign USEF waiver – available when you arrive at the clinic grounds.