



For the safety and wellbeing of our students, staff and their families, we are asking that if your child is experiencing any of these symptoms (even just one) that you keep them at home-they may return once we receive a negative COVID test result.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills*
- Cough*
- Shortness of breath or difficulty breathing*
- Fatigue*
- Muscle or body aches*
- Headache*
- New loss of taste or smell*
- Sore throat*
- Congestion or runny nose*
- Nausea or vomiting*
- Diarrhea*

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

Trouble breathing

Persistent pain or pressure in the chest

New confusion

Inability to wake or stay awake

Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

Call your medical provider for any other symptoms that are severe or concerning to you.

Thank you very much!