

"Is This A Fast"

Matthew 6:16-18 (ref)

Prayer and Fasting Schedule

Fasting For Jesus and the Church

~ Matthew 4:1-2; Luke 6:12; mark 9:29
(refs)

~ Acts 13:1-2 (ref)

~ temptation, ministry, decisions,
deliverance, guidance

Isaiah 58:1-12

Yes, This Is A Fast! Isaiah 58:1-12 (ref)

1. For Ourselves v1-2, 8-11 (ref)

~ Psalm 139:23-24 "search me of God"

Yes, This Is A Fast! Isaiah 58:1-12 (ref)

2. For Others v5-6 (ref)

~ Matthew 25:35-36, 40 "you did it to Me"

Yes, This Is A Fast! Isaiah 58:1-12 (ref)

3. For New Life v12 (ref)

~ Romans 12:6-8 Grace Gifts

Yes, This Is A Fast! Isaiah 58:1-12 (ref)

4. For The Lord

~ Matthew 28:19, Mark 16:15 "go"

"preach"

Is This A Fast Isaiah 58:1-12 (ref)

~ 7 Day Fast Starts Today!

~ "Is this not the fast that I have

chosen: To loose the bonds of wickedness,

To undo the heavy burdens, To let the
oppressed go free, And that you break
every yoke? Isaiah 58:6