

# SOUTHERN STYLE MIXED PIECES

*Whole chicken pieces coated in a crispy southern style coating*



**INGHAM'S**<sup>®</sup>  
*Nourish Our World*



# SOUTHERN STYLE MIXED PIECES



A mix of whole chicken pieces, coated in a perfectly seasoned breading making them crunchy and crispy on the outside, and juicy & flavourful on the inside!

✔ Fully cooked ✔ No artificial colours, flavours, or preservatives ✔ Ideal for pubs, clubs, P&C, and takeaways

## INGREDIENTS

CONTAINS GLUTEN (WHEAT) AND EGG AS INDICATED IN BOLD. MAY BE PRESENT: SOY

Chicken (80%), Flour (**Wheat**), Starch (Maize, Tapioca, **Wheat**) Water, Vegetable Oil, **Gluten (Wheat)**, Salt, **Egg** Powder, Thickeners (1442, 1422, 1412, 464), Flavourings (**Wheat**), Yeast And Yeast Extracts, Mineral Salts (451, 450, 452, 500), Vegetable Gum (412), **Wheat** Fibre, Dehydrated Vegetables (Incl. Garlic, Onion), Spices And Spice Extracts (Incl. Pepper, Chilli), Herbs, Natural Colour (160C)

## HEATING INSTRUCTIONS

### Heat from Frozen



**Conventional Oven** - Preheat oven to 180°C and cook Southern Style Mixed Pieces for 25 - 30 minutes

### Heat from Thawed



**Conventional Oven** - Preheat oven to 180°C and cook Southern Style Mixed Pieces for 15 - 20 minutes



**Deep Fry** (recommended only for completely thawed product) - Preheat fryer to 180°C and cook Southern Style Mixed Pieces for 8 minutes

### Instructions to be used as a guide only

Appliance temperatures can vary. You may need to adjust cooking times accordingly. If cooking from thawed, thaw product in a refrigerator overnight and cook within 48 hours. Once thawed, do not refreeze.

## NUTRITION INFORMATION

Servings per package: Approx. 14 (Edible Portion)

Serving size: 150g

	Quantity per serving	% DI per serving	Quantity per 100g
Energy	1,238kJ	14%	830kJ
Protein	24.2g	50%	16.8g
Fat, Total	17g	22%	10.3g
- saturated	3.8g	12%	1.9g
Carbohydrates	11.4g	4%	9.1g
- Sugar	<1g	1%	<0.4g
- Sodium	944mg	46%	703mg

## PRODUCT INFORMATION

PRODUCT CODE: 5515800

CARTON CONTENTS: 2 X 2.5KG

APPROX. UNIT WEIGHT: 150G

APPROX. UNIT PER KG: 6 - 7

ALLERGENS:



STORAGE INSTRUCTIONS:

KEEP FROZEN AT OR BELOW -18°C

✔ FULLY COOKED - READY TO EAT

✔ 100% AUSSIE CHICKEN

✔ NO ARTIFICIAL COLOURS, FLAVOURS, OR PRESERVATIVES

## ORDER TODAY

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