

# Foundations and Beyond Horsemanship - Groundwork Clinic Packet

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The general schedule is below. Please plan to arrive early enough to give yourself time to come check in.

8:30 am – Check-in opens.

9:00 am – Horses in halters and leads into the arena. Bring your training sticks. We will work in the arena until lunch.

12:30 pm – Lunch break. We do not provide lunch at groundwork clinics.

1:30 pm – Horses in halters and leads, bring your training sticks. More groundwork! We will move to the obstacle course sometime in the afternoon, when depends on the group's progress.

4:00 pm – Official end of clinic time. Your instructors will leave at this time but if you wish to continue playing on the obstacle course, you are welcome to!

## **Tack Requirements:**

You will need a rope halter and a fourteen-foot lead. It does not need to be a Downunder Horsemanship halter and lead but Ted does think that style is the best design and encourages you to use it. A high-quality lead made of yachting rope is much easier to work with.

You will need a training stick and string. Again, this does not need to be a Downunder stick and string but should be similar. Any variety of training stick, approximately four feet in length with about a five – six-foot string will do.

## **Success Tips;**

Practice spanking the ground hard with your stick and string with each arm – big wide circles from the shoulder, not from the elbow. Try to do 100 times each side. Bring appropriate clothing for the weather. Be prepared for hot or cold. You will be outside most of the day or all day, prepare accordingly. You may want sunscreen, hat, sunglasses, gloves, coat, etc. Try to drink plenty of fluids.

Remember your horse will be working, bring extra feed and be sure to monitor your horse's water intake. There will be a hose available to fill your buckets. Remember you will be working too! You will want to have convenient snacks and drinks available for yourself as well.

If you have any questions please call, text or email us,

Leni at [Leni@fabhorsemanship.com](mailto:Leni@fabhorsemanship.com) or 541-212-3555.

## **Rules & Information:**

You can take all the still photos you would like. Video recording of any kind is not allowed.

No stallions are allowed at public clinics. Talk to Ted for clinic options for stallions.

Each participant gets one clinic helper who can audit the clinic free of charge. We highly recommend you have a helper to hold your horse if needed, grab you drinks, etc.

Additional spectators are \$10 per person per day.

Participants who are under 18 years of age must have pre-approval (obtain by talking with FAB staff), **parental consent and a parent or guardian present at the clinic.**

We will provide bottled water. Water will be in a cooler next to the arena.

At this point we do not require health papers or Coggin's tests but you may need them to travel legally. You are aware you're bringing your horse into contact with several other horses from several other areas and assume all possible risk associated with this fact.

For the safety of all participants and horses if your horse has known behavior and/or safety issues you need to discuss those ahead of time with Ted (541-212-3330).

You consent to the publication of your name picture, videotaped image, etc. by Foundations and Beyond Horsemanship and/or Ted Nicholes.

When you come and check in at the start of the clinic, we will have our paperwork for you to fill out at the check in table. But, if you're able to, it's helpful if you can print this last page, fill it out ahead of time, and bring it with you.

Thank you for the opportunity to work with you and your horse!

## Foundations and Beyond Horsemanship Participant Form

Participant Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Email address: \_\_\_\_\_ Mailing address \_\_\_\_\_

Phone #: \_\_\_\_\_ alternate phone #: \_\_\_\_\_

Emergency Contact, name \_\_\_\_\_ Relationship to participant \_\_\_\_\_

Phone # \_\_\_\_\_ alternate phone # \_\_\_\_\_

Please note any relevant medical information (drug allergies, existing conditions, etc.) **here**;

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I understand that in order to participate in activities at 2765 SW 3rd Avenue, Fruitland, Idaho or in a horsemanship clinic and/or lesson with Ted Nicholes, Terrence Nicholes, Beth Nicholes, and/or any member of Foundations and Beyond Horsemanship, I will be working with and around horses and/or ponies. I understand the risk of injury from equestrian activities and events is significant. I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of those persons released from liability. I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless Ted Nicholes, and his family, employees and associates with respect to any and all injury, disability, death, loss or damage to persons, horses or property. I agree that this Release of Liability covers each and every time I engage in equestrian activities with Ted Nicholes and/or his associates whether on his property or elsewhere. I also release and hold harmless; the owner(s) and /or tenant(s) and their respective families, employees or associates, of any property or facility that we may be on, occupying, or using. I understand that the use of riding safety helmets is recommended and acknowledge that to use a helmet or not is my choice. I have read this release of liability and fully understand its terms.

**Signature** \_\_\_\_\_ **date** \_\_\_\_\_

Parent/guardian signature \_\_\_\_\_ date \_\_\_\_\_

I understand that in case of medical emergency I will be taken to the nearest urgent care facility, unless I have requested a specific facility above. **INITIAL** \_\_\_\_\_

### RULES

You can take all the still photos you would like. Video recording of FAB staff and/or equines is not allowed.

Be courteous and supportive of your fellow participants.

I consent to the publication of my name, picture, videotaped image, etc. by Foundations and Beyond Horsemanship and/or Ted Nicholes.

**Signature** \_\_\_\_\_ **date** \_\_\_\_\_