

Foundations and Beyond Horsemanship Fundamentals Clinic Packet

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The general schedule is below. Please plan to arrive early on the first day to give yourself time to come check in. Extra help is available if you want to stay late or arrive early on days two and three. (TYPICAL clinic schedule as follows.)

Day One Outline:

8:30 am – Check-in opens.

9:00 am – Class instruction. Snacks and drinks allowed, don't bring your horse!

10:30 am – Horses in halters and leads into the arena. Bring your training sticks. We will work on groundwork until lunch.

12:30 pm – Lunch.

1:30 pm – Horses in halters and leads, bring your training sticks. More groundwork!

4:00 pm – Done for day one. Extra help is available afterwards until 5 pm. If you want extra help tomorrow morning, let us know now.

Day Two Outline:

8 am – Extra help time

9 am – Class instruction and discussion (no horses).

10 am – Horses in halters and leads in the arena, bring your sticks. We will review the groundwork we learned yesterday and learn a couple more exercises.

12:30 pm – Lunch

1:30 pm – Horses back to the arena, saddles and halters on. Bring your bridle and training stick. We will prepare for riding and get on this afternoon.

4:00 pm – End of official clinic time. Extra help is available after until 5 pm. If you want extra help tomorrow morning, let us know now.

Day Three Outline:

8:00 am – Extra help time

9:00 am – Class instruction and discussion

10:00 am – Horses to the arena with saddles on. Bridles and training sticks with you. We will practice what we have learned so far this morning.

12:30 pm – Lunch

1:30 pm – Horses to the arena, saddle on, bridle with you. Continuing our riding review and learn more riding exercises.

4:00 pm – End of the official clinic. Extra help is available after until 5 pm.

TACK REQUIREMENTS

You will need a rope halter and a fourteen-foot lead. It does not need to be a Downunder Horsemanship halter and lead but Ted does think that style is the best design and encourages you to use it. A high quality lead made of yachting rope is much easier to work with.

You will need a training stick and string. Again, this does not need to be a Downunder stick and string but should be similar. Any variety of training stick, about four feet in length with about a five – six-foot string will do.

If you need to order those items we can help you with that. Just call Leni (541-212-3555) and she can help you out.

BRIDLE - Jointed (snaffle bits) or bosal hackamore with loop (preferably mecate style) reins are required. We use direct rein exercises in fundamentals clinics so snaffle bits or bosal hackamore set ups are required. You should have a spanker of some type; obviously if you are using a mecate rein set you have that covered. **NOT ALLOWED** are bits solid through the middle OR mechanical style hackamores. Your bit **MUST** be broken; i.e. jointed.

SADDLE - Any type of saddle is allowed. It does not matter if your saddle is English, Endurance, or Western

ADDITIONAL ITEMS - Please bring interference boots, bell boots or sport boots if your horse needs them. Most horses will initially be somewhat awkward at least in a few of the exercises so it is a good idea to have protection on hand.

Success Tips;

Practice spanking the ground hard with your stick and string with each arm – big wide circles from the shoulder, not from the elbow. Try to do 100 times each side.

Bring appropriate clothing for the weather. Be prepared for hot or cold. You will be outside most of the day or all day, prepare accordingly. You may want sunscreen, hat, sunglasses, gloves, coat, etc.

Try to drink plenty of fluids.

Remember your horse will be working, bring extra feed and be sure to monitor your horse's water intake. There will be a hose available to fill your buckets.

Remember you will be working too! You will want to have convenient snacks and drinks available for yourself as well.

If you have any questions please call, text or email us,

Leni at Leni@fabhorsemanship.com or 541-212-3555.

Thank you for the opportunity to be part of your horsemanship journey. We look forward to working with you and your horse.

RULES & INFORMATION

You can take all the still photos you would like. Video recording of any kind is not allowed.

No stallions are allowed at public clinics. Talk to Ted for clinic options for stallions.

Each participant gets one clinic helper who can audit the clinic free of charge. We highly recommend you have a helper to hold your horse if needed, grab you drinks, etc. Additional spectators are \$10 per person per day.

Participants who are under 18 years of age must have pre-approval (obtain by talking with FAB staff), parental consent and a parent or guardian present at the clinic.

We will provide bottled water and lunch. Water will be in a cooler next to the arena.

At this point we do not require health papers or Coggin's tests but you may need them to travel legally.

You are aware that you are bringing your horse into contact with several other horses from several other areas and assume all possible risk associated with this fact.

For the safety of all participants and horses if your horse has known behavior and/or safety issues you need to discuss those ahead of time with Ted (541-212-3330).

You consent to the publication of your name picture, videotaped image, etc. by Foundations and Beyond Horsemanship and/or Ted Nicholes.

When you come and check in on day one of the clinic, we will have our paperwork for you to fill out at the check in table. If you'd like to make things easier, print the last page here and fill it out ahead of time.

Thank you for the opportunity to work with you and horses!

Participant Name: _____ Date of birth: _____
Email address: _____ Mailing address _____

Emergency Contact, name _____ Relationship to participant _____

Phone # _____ alternate phone # _____

Please note any relevant medical information (drug allergies, existing conditions, etc.) [here](#);

I understand that in order to participate in activities at 2765 SW 3rd Avenue, Fruitland, Idaho or in a horsemanship clinic and/or lesson with Ted Nicholes, Terrence Nicholes, Beth Nicholes, and/or any member of Foundations and Beyond Horsemanship, I will be working with and around horses and/or ponies. I understand the risk of injury from equestrian activities and events is significant. I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of those persons released from liability. I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless Ted Nicholes, and his family, employees and associates with respect to any and all injury, disability, death, loss or damage to persons, horses or property. I agree that this Release of Liability covers each and every time I engage in equestrian activities with Ted Nicholes and/or his associates whether on his property or elsewhere. I also release and hold harmless; the owner(s) and /or tenant(s) and their respective families, employees or associates, of any property or facility that we may be on, occupying, or using. I understand that the use of riding safety helmets is recommended and acknowledge that to use a helmet or not is my choice. I have read this release of liability and fully understand its terms.

Signature _____ date _____

Parent/guardian signature _____ date _____

I understand that in case of medical emergency I will be taken to the nearest urgent care facility, unless I have requested a specific facility above. INITIAL _____

RULES

You can take all the still photos you would like. Video recording of FAB staff and/or equines is not allowed. Be courteous and supportive of your fellow participants.

I consent to the publication of my name, picture, videotaped image, etc. by Foundations and Beyond Horsemanship and/or Ted Nicholes.

Signature _____ date _____
