



- During the day, block the heat from the sun by closing windows, doors, and curtains.
- To save money, turn the A/C to 76 degrees or higher when you are sleeping or not home.
- If you use a window A/C, make sure it fits correctly into the window to reduce loss of cool air.
- Consider using a ceiling fan, which uses as little as 1/10 the amount of energy to run than an A/C.
- Look for appliances that are ENERGY STAR approved.
- Use a microwave oven, toaster oven, or slow-cooker to cook smaller meals.
- Keep the burners on your range clean-they will reflect heat better and more efficiently.
- Keep the oven door shut while cooking/baking.
- Keep your freezer stocked - meaning a full freezer will be more efficient than an empty one.
- Set out frozen food to defrost or use the microwave instead of running it under water.
- Your computer can use a considerable amount of electricity, turn it off while not being used.
- Take short showers instead of baths. Baths use 5-15 more gallons of water than showers.
- Save water by installing a low-flow showerhead and limiting your shower time to five minutes.
- Turn off the water while brushing your teeth, use only a partially filled sink to rinse your razor.