



Q SLEEP SPRAY

TARGETED SLEEP SUPPORT SPRAY

SPRAY



Wake up on the right side of the bed with this portable and easy-to-use support spray.*



Nature: Our proprietary herbal blend works synergistically with additional quality ingredients to support more restful sleep.*

Science: Our nature-identical melatonin is vegan and used to support restful sleep and wake cycles. This formula also features herbs, 5-HTP, and L-theanine.*



Supplement Facts

Serving Size: 8 Sprays (0.48 mL)
Servings Per Container: 30

Amount Per Serving	% Daily Value
Melatonin	1 mg *
5-HTP	0.75 mg *
L-Theanine	0.75 mg *

****Percent Daily Values are not established**

Proprietary Herbal Extract (5mg): Cramp Bark, Feverfew, Ginkgo Biloba, Hops Flower, Passionflower, Peppermint Leaf, Skullcap, Valerian Root.

Other Ingredients: Purified Water, Organic Glycerin, Alcohol, Xylitol, Natural Spearmint Flavor, Potassium Sorbate.

FEATURES

- Formulated with the highest quality ingredients
- This sublingual spray delivers optimal absorption*
- Customizable dosage for desired effect
- Natural spearmint flavor

BENEFITS

- Supports healthful rest and relaxation*
- Helps the body and mind rejuvenate throughout the night*
- Immediate relaxation effect*
- Sleep promotes healthy metabolism*

Suggested Use:

Before initial use, activate the pump by pressing two to four times. Shake gently and spray under tongue. Wait 30 seconds to a minute to allow absorption, then swallow. For best results take 15 minutes before bedtime.



Discover more Q SPRAYS at qsciences.com!

Manufactured exclusively for Q Sciences
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.