

Reading Sample Questions-

What messages do my Spiritual Assistants have for me today?

What am I resisting or holding back from?

Why do I struggle with love? (OR trust, forgiving, doubting, crowds, emotions, pain, anxiety, depression, procrastination, etc?)

What Animal Spirit Guides are with me and why? (OR Tree Spirit, Flower Spirit, Plant Spirit, Angels, etc)

What Spiritual Groups are with me helping me in my journey?

What is influencing me knowingly or unknowingly, positively or negatively?

I am ready to start a new chapter in life OR end an old one with _____. What can I do to be better prepared or what am I needing to know for the Greater Good for All?

Are there any messages or guidance for my upcoming days, weeks or months?

What is my health trying to communicate with me to help me create a healthier balanced state? (OR allergies, gluten intolerance, heart, diabetes, mental exhaustion, anxiety, knee pain, etc...)

What is something that I have forgotten about me?

How can I create more restfulness or energy?

Is there anything i should consider eliminating from my life and why?

What was my best past life and why? How does it influence me now?

What state are my energy fields or chakras in and what may I know about them?
What can I do to create harmony and balance more?

What is something that upsets me that I am not aware of?

What is my greatest gift I brought within me in this lifetime?

What are the steps I can take or create to help heal my past more?

What are my Soul Strengths? How can they help me?

What is my Soul's definition of Love? (OR trust, unconditional love, forgiveness, life, death or growth?)

Is there anything I have lost Faith in? Why? What can I do now to feel whole again?

What is an internal block I can be made aware of?

What is an external block I can be made aware of?

How can I better create balance in my everyday life?

How can I better clear off my energies and emotions?

What is knowingly or unknowingly, holding me back in my life? (OR in my career, in my relationship with ____, with my health? Etc...)

What belief is limiting me in my life? (OR health, relationship, career, growth? Etc...)

What areas of my Life Purpose have I been fulfilling or ready to awaken to?

What Soul Lessons am I working on now and what am I ready to work on?

What lessons do I need to work on for my own personal growth?

What is my greatest challenge or fear that is holding me back that I can now work on?

What is the root cause of this specific challenge? (OR my health, my relationship with, my emotional overloads, my reactions to a certain situation, my doubts, etc...)

I am at a crossroads in my life, what insights may I hear about the different directions? (OR my career, health, relationship, etc...)

I feel something is missing in my life. What messages may I retrieve to better understand this feeling and what can I do about this?

What karmic debt or energy am I ready to release, heal or balance?

Is there a Core Imprint from a past event that I am ready to go back to help heal, release, resolve or grow from?

Is there a story I am needing to hear from my Soul Book to further me in my journey?

Why do I keep repeating _____?

Why did _____ come into my life?

What am I ready to learn about me and why I chose this life and these events?

What step am I avoiding or missing that I can learn about now?

Why do I always seem to have this emotion within me?

Who I am spiritually and why did I choose to come here?

Who is with me as my Spiritual Guides, Teachers, Healers and more?

What are my strengths and abilities?

Where am I blocked and what guidance or understanding am I ready to hear?

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