



Reflection Questions-

I am responsible fully for viewpoints of my life!

How can I daily improve my viewpoint in certain areas of my life?

In what little ways do I inspire others to become the best versions of themselves?

Where do I have little hidden doubts that I can release through acknowledgement or awareness?

Where can I create more Self Love and daily Self Care for me to continue internal abundance?

Do I hold myself back from sharing my Inner Light and Vibrancy?

What do I naturally share nowadays without hesitation?

Laura Haslen

Spirit Hands Healing

Cards from

Miracles Now Card Deck

By Gabrielle Bernstein