

Akashic Sample Questions-

What is knowingly or unknowingly, holding me back in my life? OR in my career, in my relationship with _____, with my health? Etc...

What belief is limiting me in my life? OR health, relationship, career, growth? Etc...

What areas of my Life Purpose have I been fulfilling or ready to awaken to?

What Soul Lessons am I working on now and what am I ready to work on?

What lessons do I need to work on for my own personal growth?

What is my greatest challenge or fear that is holding me back that I can now work on?

What is the root cause of this specific challenge? OR my health, my relationship with, my emotional overloads, my reactions to a certain situation, my doubts, etc...

I am at a crossroads in my life, what insights may I hear about the different directions? OR my career, health, relationship, etc...

I feel something is missing in my life. What messages may I retrieve to better understand this feeling and what can I do about this?

What karmic debt or energy am I ready to release, heal or balance?

Is there a Core Imprint from a past event that I am ready to go back to help heal, release, resolve or grow from?

Is there a story I am needing to hear from my Soul Book to further me in my journey?

Why do I keep repeating _____?

Why did _____ come into my life?

What am I ready to learn about me and why I chose this life and events?

What step am I avoiding or missing that I can learn about now?

Why do I always seem to have this emotion within me?

Who I am spiritually and why did I choose to come here?

Who is with me as my Spiritual Guides, Teachers, Healers and more?

What are my strengths and abilities?

Where am I blocked and what guidance or understanding am I ready to hear?

Laura Haslen

Spirit Hands Healing

spirithandshealing@yahoo.ca

www.spirithandshealing.ca